



Click on a tag line
to go to the article:

[Retreat for women at
Oxford – deadline
approaching!](#)

[Pilgrimage with Fr John
Bartunek LC](#)

[Essay on Charity](#)

[Catholic World Mission
helping in Philippines](#)

[Renewal Delegate Susan
Kingsley](#)

[Renewal Delegate Mary
Williams](#)

[Renewal Delegate Daire
Ryan](#)

[Renewal Delegate Lucy
Honner](#)

[Renewal Delegate Sisan
Walker](#)

February 5, 2016

Dear Friends in Christ,

This year, as in the past, the ECyD Ontario Youth Team is offering a unique option for fathers and sons (grades 5-8) to spend a week together in Indiana at the Legionary of Christ high school seminary. [More Information.](#)

Regnum Christi men looking for a retreat this year have a number of options. [Check out the schedule.](#)

Lent is upon us, and you might want to take advantage of the new retreat guide from the Regnum Christi Spirituality Center: [The Parable of the Prodigal Son.](#)

Many of you are fans of the short videos produced by Fr Michael Sliney LC. You won't want to miss his latest take on how [Christianity and yoga](#) fit – or don't fit – together.

You also may enjoy a new video produced by "one billion stories" about the International

This Past Week in Regnum Christi Live!

[I can't believe that I believe it](#)

[Consecrated life and God's Mercy](#)

[As Gentle as Silence](#)

[Friday to Monday](#)

[Lessons from St Paul](#)

[Journey of the Eucharist](#)

[I Love You Mis Queen](#)

[New Blue Sweater](#)

Follow Regnum Christi!



Eucharistic Congress – [featuring Br. Louis Lorenzo LC.](#)

Br Piotr Krezalek made his perpetual profession in the Legion of Christ on January 31. [In this short video](#), he mentions what this day means for him.

And...Regnum Christi Ohio Valley has a new [website worth a visit!](#)

Keep reading the article below and I think you'll find some people and places of interest...how about a pilgrimage to Rome with Fr John Bartunek LC as your guide?

Yours in Christ,
Jim
jfair@arcol.org

A great opportunity exist for you to experience this spiritual growth



February 21-26, 2016

Women's Six Day

Begins: Sunday 6:00pm Dinner 6:30

End: Friday 11:00am

\$425

Queen of the family Retreat Center
751 West Drahn Road
Oxford Michigan 48371

Register at www.queenofthefamily.org

Register by February 7th

For more information call Marge 248-921-5891

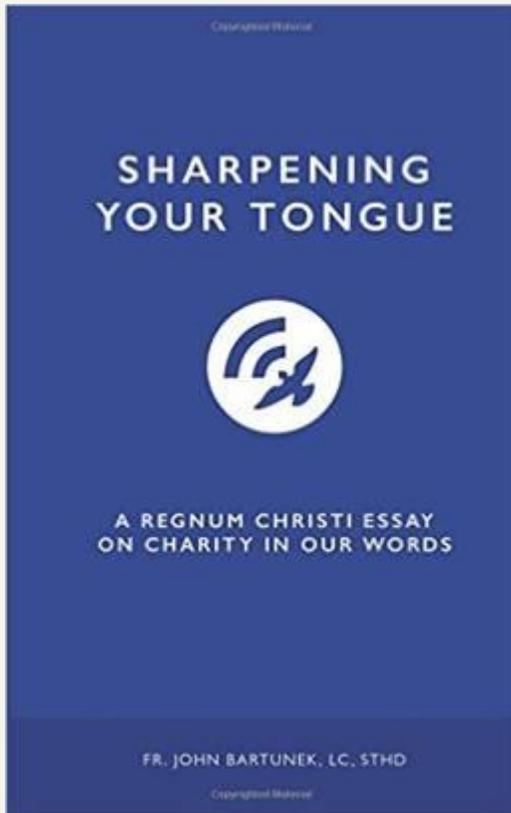
Pilgrimage with Fr John Bartunek LC



In honor of the Jubilee of Mercy, the [Regnum Christi Spirituality Center](#) will be offering our first-ever ***“Going Deeper Pilgrimage.”*** We have dreamed about offering pilgrimages that are more like extended retreats than tourist trips. Pilgrimages that cannot just jumpstart someone’s faith, but actually deepen our appreciation for Christ and his Church, and spark fresh experiences of God’s wisdom and goodness. It is something we have wanted to offer our Regnum Christi members since we started the RC Spirituality Center. By partnering with Corporate Travel, an experienced pilgrimage organizer, we think we have found a way to make this dream come true.

Download the pilgrimage brochure [here](#).

A Regnum Christi essay on Charity



RC Essays are booklets dedicated to deeper reflection on specific aspects or themes having to do with living our charism to the full. They are organic expressions of lived spirituality meant to stimulate reflection and feed our souls. This first one is called *Sharpening Your Tongue: A Regnum Christi Essay on Charity in Our Words*, by Fr John Bartunek LC. He wrote this essay to explore emphasis that we have always put on charity in words, but it also explores some of the excesses or exaggerations that we have fallen into in its regards. It includes a practical examination of conscience on the topic, and a guide for group discussion. As with all our products here are RCSpirituality.org, it will be available in multiple formats: [hard copy](#), ebook, and audio book by **Thursday, February 11th**.

Catholic World Mission will join Vatican Representative to the United Nations to Support Vulnerable Communities in the Philippines



Deacon Rick Medina, executive director of Catholic World Mission, will join Archbishop Bernardito Auza, Representative and Permanent Observer of the Holy See to the United Nations on a working site visit to Maribojoc, Bohol on February 10.

[MORE](#)

Meet the Renewal Delegates 24 Susan Kingsley: Colorado/Wyoming



As the delegate from Colorado/Wyoming, I would like to introduce myself. Chris and I have been married almost 25 years and we have 5 beautiful children. Our oldest son is in the US Navy, our younger son lives and works in Colorado and our oldest daughter attends school in Montana. Our 2 youngest daughters are still home – where I homeschool them. I have been a member of Regnum Christi for 10 years.

[MORE](#)

Meet the Renewal Delegates 26: Mary Williams – RC Young Adults



A few years ago whenever anyone asked me if I was involved with the Movement, I didn't know what to answer. It was a question I had myself after "growing up" in the Movement. My entire life seemed to relate to the Movement – both through my family and personal choice. I had been involved in K4J, ECYD, the Precandidacy, spent a couple of years discerning my vocation in the formation center, attended

Mega Missions in Mexico, helped with international camps and conventions, and been assistant for the youth section... But at that time, after all the upheaval within the Movement, my involvement was limited to my job working in the International Program at the local Legionary school and the retreat center. I didn't have a working document to help me define what belonging to the Movement meant, but it hardly felt like I was an active member and wasn't sure if I wanted to be.

[MORE](#)

Meet the Renewal Delegates 27: Daire Ryan Consecrated Women of Regnum Christi



My name is Daire Ryan, I have been a Consecrated women in RC for 37 yrs. I was born in Dublin, Ireland, and am the youngest of a family of six children. I have two brothers who are Legionary Priests both are based in Rome. In 1978 I joined Regnum Christi. Soon afterwards I saw clearly Gods invitation to become Consecrated, Since my consecration I have lived and worked for several years in both Ireland and Italy, but for the last twenty three years I have been here in the United States.

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Meet the Renewal Delegates 28 Lucy Honner: Consecrated Women of Regnum Christi



What a great year this will be for our Regnum Christi family! The 75 year anniversary, the year of Mercy and of Consecrated life, and in the midst of it all: the renewal meetings for the 1st and 2nd degree of Regnum Christi. There is a lot of be thankful for as I reflect back on my own story as a consecrated women of Regnum Christi. This year marks a personal milestone of my own: as of January, I will have been part of the Regnum Christi family for 19 years. That's all my adult life! Most of those years have been spent here in the United States which makes me sound (at least according to my family) more like an American than the Aussie that I am.

[MORE](#)

Meet the Renewal Delegates 29 Sisan Walker: RC Young Adults



Regnum Christi was the most effective tool God used to bring me closer to Him. I got introduced to the movement when I was 19 while working with the Hispanic Young Adult ministry at the Archdioceses of Miami. After serving with several different lay movements and congregations, meeting RC and the legion was like arriving home.

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I can't believe that I believe it

By Stefano Peca



Like the great majority of homo sapiens, I easily believe what I see, and hardly believe what I don't. Like me is dear annoying little Richard Dawkins. In a debate with Australia's good Cardinal Pell, he said "Well, I'm sure that when you Catholics say that's the body of Christ, you don't REALLY mean it! It must be some sort of spiritual or symbolic meaning!"

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Consecrated life and God's Mercy

By Megan McCleneghen



Today we celebrate the conclusion of the Year of Consecrated Life. We also contemplate the mystery of Christ's own consecration to the Father "in the substance of our flesh," as the liturgy tells us. All this happens through the arms of Mary. In fact, we could say that she was the first one to pray "Eternal Father, I offer you the body and blood, soul and divinity, of your dearly Beloved Son, Our Lord Jesus Christ." While the Year of Consecrated Life concludes today, the Year of Mercy continues. It reminds me that each vocation, each "offering to the Father," is safe in Mary's arms and is a living expression of God's mercy.

As Gentle as Silence

By Victoria O'Donnell



The Year of Consecrated Life closed pretty quietly here in Cerro Del Coto. The Apostolate Community went to a diocesan gathering at La Catedral de l'Almudena and the formation community had a normal solemn rosary. It has finished slightly eclipsed, or better, it closed in the arms of Mercy. Consecrated life is a quiet and persistent reminder of the mercy of God Incarnate, incarnated in the lives of those who have let themselves be penetrated by and respond to His mercy with everything they have and are

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Friday to Monday

By Carol Dodd



It's a weekday just like the other four, but Monday gets an especially bad rap. Waking up takes longer, the traffic seems worse, and classes seem slower. However, there are a few things that brighten my Monday mornings. Like scrambled eggs. Everything is just better when there's scrambled eggs for breakfast

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Lessons from St Paul

By Fr John Pietropaoli LC



Anyone approaching Rome's magnificent basilica of St Paul Outside the Walls through the front courtyard comes face to face with an extraordinary statue of the basilica's namesake. Cloaked, hooded, and wielding a massive sword, this particular representation of St Paul can have a disconcerting effect upon the visitor – "passive" is not exactly the word I would choose to describe it. It's more like he's poised to unleash some tremendous force, or embark energetically upon some titanic endeavor. He has a purpose in life so patent that it seems to burst forth from the rock itself.

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Journey of the Eucharist, Day 14

By Br Antonio Lemos LC



After some amazing grace-filled days the 51st International Eucharistic Congress is over. Our team is waiting for our connection flight in Doha, Qatar. Some are praying their morning meditation, other checking emails; others are having a quick bite. Final exams wait for us in the Eternal City.

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i Love You Mis Queen

By Rachel Peach



A very energetic kindergarten student marched up to me one morning, holding out her hand with a wrinkled post-it note. I was just popping my head into their classroom, but as soon as she spotted me, she made a bee-line over to the door.

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New Blue Sweater

By Br Dain Scherber LC



If we could see the expression on Christ's face when we came into his Eucharistic presence, what would it be like, I wonder.

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