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**This Past Week in Regnum Christi Live!**

January 29, 2016

Dear Friends in Christ,

Regnum Christi folks keep generating new ways to evangelize...

Most of us need a little help with "apologetics" and you can get a hand from the latest Study Circle Guide from the RC Spirituality Center: [Apologetics 101](#).

You might enjoy a visit to the Regnum Christi YouTube Channel. Most of you likely will best relate to the [English playlist](#). The most recent additions are comments from some of the 70 young men who visited Cheshire over the Christmas holidays to test their possible call to a priestly vocation.

The [2016 LiveFamily EXPO – A Mission of Mercy to the Family](#) will be presented by the

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Follow Regnum Christi!



Cana Family Institute, with the Archdiocese of St Paul and Minneapolis and the Diocese of Saint Cloud, April 8&9, 2016 at Church of St. Raphael in Crystal. Join others as we learn and develop skills to transform your marriage, family and ministry! This vibrant, deeply inspirational and informative weekend includes engaging workshops about family ministry programs, opportunities to network with other leaders, exhibits, amazing food and music, and of the Rosary, Chaplet and Mass in the beautiful parish of St. Raphael, Crystal. Begins Friday, April 8 with 6:30 pm Mass with Bishop Cozzens and ends Saturday, April 9 at 5:00p.m. More information and to register at [www.livefamilyexpo.com](http://www.livefamilyexpo.com) or Call/email Madalyn @ 763.898.8728 [admin@canafamilyinstitute.com](mailto:admin@canafamilyinstitute.com) . Early registration discount ends March 15.

And...Catholic World Mission has a [new website](#). See the inspiring things the organization is doing to help those in need. Be sure to learn about their [recent mission to Fiji](#).

Yours in Christ,

Jim

[jfair@arcol.org](mailto:jfair@arcol.org)

## **Meet the Renewal Delegates 19: Velma Cottle Florida Women**



“Lukewarm Sunday Mass-going (when I wanted to Catholic by name only” described my spiritual life before the age of 30. The sixth month of my first pregnancy at the age of 30 forever changed my life. It was the realization that I wanted to teach my child all about my faith yet I did not know my faith to teach it that brought me to a reversion experience!

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## **Meet the Renewal Delegates 20: Jane Nagel Ohio Valley**



I am a wife and mother of 6 children, and I live in Columbus Ohio. I have served in many roles in the Movement over the past 20 years and am currently assisting the local director, serve as a spiritual guide, and am the Challenge Club president. Of all the wonderful and amazing things we do in RC, I would have to say my absolute favorite is Holy Week Missions! It's what we do!

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## **Meet the Renewal Delegates 21 Ray Arsenault: The Maritimes, Canada**



My name is Ray Arsenault and I am representing the Maritime Provinces of Canada. This includes Nova Scotia, New Brunswick and Prince Edward Island. I

am blessed to be able to do so as I inherited the position by default as Deb d'Ettore was elected originally but is unable to attend due to personal reasons.

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## **Meet the Renewal Delegates 22: Robert Borkowsky – Alberta and British Columbia Men**



I have been married to Pauline for 42 years and we have 2 children, Adam and Rachel Anne. We were introduced to the Legion and Regnum Christi through, Clear Water Academy, in 1996. We were looking for a Junior High school for Adam and Clear Water seemed to be doing things right.

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## **Meet the Renewal Delegates 23: Beverly Stone – South Atlanta Women**

I'm married to Jim and am a mother of two adult sons. I converted to Catholicism at the age of 18 but didn't really learn my faith until years later when I began to discover the beauty of Church teachings. During that time I experienced a call from God for a deeper spirituality, an effective way of serving the needs of the Church, and closer ties to Catholics on the same path. I soon discovered Regnum Christi as a fulfillment to that call and incorporated into the Movement in Atlanta in 1992. In Regnum Christi I've discovered even more than I had anticipated as a

means of spiritual formation and service. Over the years I've been privileged to participate in effective apostolates that build up the family, form Catholic youth, and serve the needs of the Church. I've been a Spiritual Guide, a Team Leader, and served in various roles in the Center for Family Development. Through the means Regnum Christi offers, I continue to grow in greater union with God, deeper knowledge and love of my Catholic faith, and stronger bonds of love with my brothers and sisters in Christ. It's a blessing and a privilege to participate in the renewal of the Movement and to be a representative from Atlanta at the Territorial Convention in March.

## **Bartimaeus Bags: “A Call To Mercy”**



It began in June of 2015 with a trip to the Holy Land. Jerusalem, Jericho, Galilee, Judah, Nazareth, the “Hill Country”, the Tomb. Endless stories of Holy sites, Holy times, introspection and prayer. After seeing and experiencing the land of My Lord, my softened heart returned home to find further opportunities for spiritual growth and to witness Pope Francis’ United States visit. We journeyed to Philadelphia to join a small group that Brother David Parker had graciously arranged from afar.

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## **Journey of the Eucharist Day 9**

By Br Antonio Lemos LC

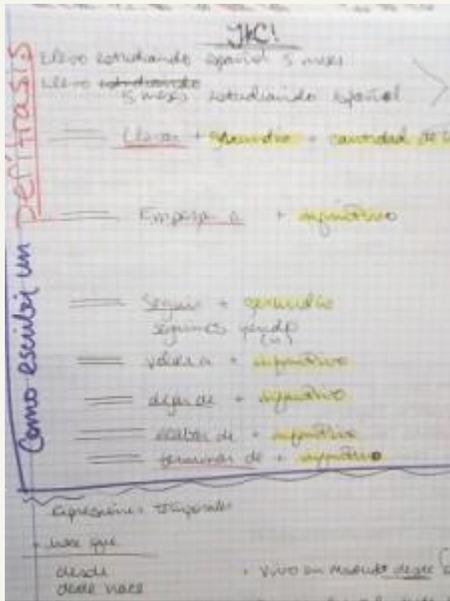


Yesterday, I had a very nice experience on how much the Philippine people appreciate their priests. In order to go to some of the talks you need to get a ticket. Yesterday I arrived late to the ticket booth and the person working there told me “Sorry, father, we do not have tickets anymore.” Before I could say anything, a very poor and old Philippine lady that was next to me said, “Do not worry father, you can use my ticket please!” That gesture of generosity deeply moved me, and right away I thanked her and told her that I was a seminarian and would try to get the ticket somewhere else. The people of this country really see Jesus in their priests with the eyes of faith.

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## **Thy Kingdom Come!**

By Victoria O'Donnell



“What is that?”

The German girl who sits next to me in my Spanish class pointed to the top of my paper where I had written a particularly pretty “TKC!”

“Oh. Well, you remember I’m a Catholic missionary, right?” She nodded her head in agreement.

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## Love is the True Test for Parents

By Fr Scott Reilly LC



I happened to catch on NPR the other day an interesting program about measuring the impact of prenatal genetic testing.

They discussed whether there could be too much information for a mother and father. Apparently, the knowledge dump given to parents can create an information overload. This in turn provokes fear-based decisions, which seeks to eliminate risk at all cost. This fear is particularly intense for parents who are dealing with the issue of having a baby with Down syndrome.

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## **A new saint**

By Fr Kevin McKenzie LC



I received an early birthday present: Pope Francis has approved the canonization of Blessed José Sánchez del Río, a 14 year-old Mexican martyr. Soon we can call him “Saint José”.

Now I’ve written one book in my life, “Blessed José”, and it was about this very same 14 year-old. So yesterday’s announcement got me thinking about how that all started...

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## Grace like vanilla pudding

By Carol Dodd



God's grace is like vanilla pudding – we will never run out. That's because we have a donation of ninety-six boxes of it in our fridge. (The pudding, I mean.) Yes, boxes...with sixteen individual-size desserts in each box. Funny thing is, during my January monthly retreat, I felt a similar sensation to when I opened the door of the fridge and saw those towers of pudding as tall as me.

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## Too tired to go...

By Sara Sullivan



“I’m sorry, I’m too tired to go...” I said this at 2pm yesterday to my daughter, who had invited me out for coffee, thinking as I said it, “...how many times have I said this to her, to my husband, to everyone I love...”

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## St. Catherine and Community

By Megan McCleneghen



When I’m asked about my vocation as a consecrated woman living in community the question often comes up: So, what is it like to live in a house with a bunch of women? Often people expect responses related to community prayer, teamwork in the mission or even the financial perks of living in community. As we approach the end of the Year of Consecrated Life which will conclude next week, I wanted to offer an alternate response to this question from the wisdom of St. Catherine of Sienna.

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